

# The Seafarers Center

in the twin ports of Duluth, Minnesota and Superior, Wisconsin



2024 WestThird Street, Duluth, Minnesota -55806

## Our Regular Ship Visitors



Jerry Sime

Rev. Tom Anderson

Mike Jaros



Fr. Bob Sipe

Ed Hall

Andrea Sather Dommer

John McDonald

## On each vessel we offer:

- Mobile phone and telephone cards
- Wireless hotspot for use on the vessel
- Visiting with officers and crew
- Transportation in our 11 passenger vans
- Assistance with requests by captain or crew



## At our center we offer:

- Soft drinks, snacks, souvenirs
- Wireless internet and telephones
- Free donated clothing, magazines, and books
- Conversation, prayer requests, chapel
- Pool table, darts, and ping pong



Twin Ports Ministry to Seafarers, Inc., our non-profit organization, is grateful for the support of many congregations, church conferences, interested groups, and individuals.

Contact us: (218) 390-1704 ( cell ) (218) 727-5897 (office)  
[seafarersduluth@yahoo.com](mailto:seafarersduluth@yahoo.com) [www.theseafarerscenter.org](http://www.theseafarerscenter.org)



## Prayers and Scripture

### Morning Prayer

When you rise in the morning, give thanks for the light, for your life, for your strength. Give thanks for your food and for the joy of living. If you have no reason to give thanks, the fault lies in yourself.

*Tecumseh, Shawnee Chief (1768-1813)*

### Seafarer's Prayer

O God, I ask you to take me into your care and protection along with all those who sail in ships. Make me alert and wise in my duties. Make me faithful in the time of routine, and prompt to decide and courageous to act in any time of crisis. Protect me in the dangers and the perils of the sea; and even in the storm grant that there may be peace and calm within my heart. When I am far from home and far from loved ones and far from the country which I know, help me to be quite sure that, wherever I am, I can never drift beyond your love and care. Take care of my loved ones in the days and weeks and months when I am separated from them, sometimes with half the world between them and me. Keep me true to them and keep them true to me, and every time that we have to part, bring us together in safety and in loyalty again. This I ask for your love's sake. Amen.

### Breathing to quiet the mind and body (Sometimes used to begin centering prayer)

- Breathe in deeply through nose, while counting to five.
- Hold breath for the count of eight.
- Exhale through pursed lips (as through a straw), while counting to eleven.
- 

Repeat this breathing three or four times, two or three times a day.



*Lord, please  
be good to us,*



*the sea  
is so wide  
and our boat  
is so small.  
Amen*



### Mariner's Prayer

Lord, please be good to us, the sea is so wide and our boat is so small. Amen

*主啊，请将对我们好、海，就是这么宽和我们的船是太小了。 阿门*

*Heer, wees goed voor ons, de zee is zo breed en onze boot is zo klein. Amen*

*Panginoon, mangyaring maging mabuti sa amin, ang dagat ay kaya malawak at sa aming mga bangka ay kaya maliit. Amen*

*प्रभु, कृपया हमें अच्छा, समुद्र इतना व्यापक रूप से होती है और हमारी नाव इतना छोटा है। तथास्तु*

*Panie, proszę być dobre dla nas, morza jest tak szeroki i nasze łódź jest tak mały. Amen*

*Господи, пожалуйста, будьте хорошо для нас, море настолько широк и нашей лодке настолько мал. Аминь*

### Matthew 8:18-27

#### Would-Be Followers of Jesus

Now when Jesus saw great crowds around him, he gave orders to go over to the other side (of the sea). A scribe then approached and said, 'Teacher, I will follow you wherever you go.' And Jesus said to him, 'Foxes have holes, and birds of the air have nests; but the Son of Man has nowhere to lay his head.' Another of his disciples said to him, 'Lord, first let me go and bury my father.' But Jesus said to him, 'Follow me, and let the dead bury their own dead.'

#### Jesus Stills the Storm

And when he got into the boat, his disciples followed him. A gale arose on the lake, so great that the boat was being swamped by the waves; but he was asleep. And they went and woke him up, saying, 'Lord, save us! We are perishing!' And he said to them, 'Why are you afraid, you of little faith?' Then he got up and rebuked the winds and the sea; and there was a dead calm. They were amazed, saying, 'What sort of man is this, that even the winds and the sea obey him?'

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 “THE SEAFARERS CENTER”  
 2024 West Third Street  
 Duluth, MN 55806**

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**Offered for Safe, Successful Shipping Season**

Mariners, port workers, their families and members of the community gathered Tuesday, March 23, 2010 to celebrate and pray for the upcoming shipping season. The second annual “Blessing of the Port Community” was led by the Twin Ports Ministry to Seafarers, an agency that provides basic assistance, volunteer services and spiritual support to seafarers and their loved ones. Around 130 congregations plus numerous individual donors and foundations participate in this vital ministry, which has served the Port of Duluth-Superior for 41 years.



**Jim Sharrow, facility manager of the Duluth Port Authority speaking about the new season.**

(article and photo reprinted with permission from the spring edition of “North Star Port”, the Duluth Seaway Port Authority’s magazine)

**“AH, BUT THIS IS A SEAMAN’S LIFE!”**

Today we thank God for the men and women who serve on the cargo ships that come to our twin ports.

While they serve in often difficult and demanding tasks, they are smart, educated, and, over time, well-experienced in executing their assignments. We are daily amazed at their knowledge and skill.

While they have long months of separation from their families and an often lonely time in their duties, somehow, God gives them extra grace, courage, and teaches them to smile and even share good humor. Not all is well on every voyage, so please keep them in your prayers and their loved ones, too. They are a special lot and deserve our appreciation and support.

Rev. Tom Anderson - Director

**Board of Directors – Seafarers Center**



Pictured l-r : Bob Davis, Jack Schilling, Rev. Doug Paulson, Rev. John Pegg, Rev. Robyn Weaver, Rev. Sarah Larsen, Carol Kelley, David Warner, Jim Banks, Fr. Bob Sipe. Not pictured: Mike Jaros, Carol Wolosz, Fr. Zoran Savic and Rev. Darrel Kyle.